



FULMER INFANT SCHOOL

PE POLICY

Introduction

Physical education (PE) develops pupils' physical competence and confidence, and their ability to use these to perform in a range of activities. It promotes physical skilfulness, physical development and knowledge of the body in action. PE provides opportunities for children to be creative, competitive and to face up to different challenges as individuals and in groups and teams. It promotes positive attitudes towards active and healthy lifestyles. Children learn how to think in different ways to suit a wide variety of creative, competitive and challenging activities. They learn how to plan, perform and evaluate actions, ideas and performances to improve their quality and effectiveness. Through this process, children discover their aptitudes, abilities and preferences, and how to make choices about getting involved in lifelong physical activity.

The aims of PE and how these contribute to the school's aims

The school aims to:

- Teach children to be more skilful in the ways they control their movements and develop co-ordination
- Develop habits leading to a healthy and active lifestyle and promote physical well-being
- Help children understand how the body responds to activity
- Develop children's confidence in applying and adapting a range of skills in a variety of settings
- Foster an appreciation of the artistic and aesthetic aspects of physical activity
- Contribute to children's social and emotional development, by developing their self-confidence and self-esteem
- Develop personal qualities such as commitment, fairness, tolerance, and a concern for others
- Develop personal and social competence and the necessary skills to manage success in competitive and co-operative situations; to cope with losing and to retain a proper sense of perspective in competition.

Strategy for implementation

Entitlement and curriculum provision

All children are entitled to a progressive and comprehensive PE programme which covers National Curriculum requirements and which takes account of individual interest and needs.

Children have experience of dance, games and outdoor education.

PE Policy

In KS1, two hours of curriculum time is allocated to PE each week.

Inclusion

No children are excluded from any PE programme. The lessons are differentiated and adapted to include any disabilities.

Equal Opportunities

The school will challenge gender stereotypes and all children will have the opportunity to take part in all games.

Able, Gifted and Talented Pupils

Children on the Able, Gifted and Talented register have challenging targets. Support can be provided through extension during the lessons and support to attend clubs and other enrichment outside of the classroom.

Organisation

The curriculum is planned to provide a balance of activities across the Programmes of Study.

Lessons include warming-up exercises and stretches before the main tasks and cooling down activities when appropriate.

Opportunities are taken, where appropriate, to make links between PE and other subjects.

The school offers extra-curricular, lunchtime and after-school-clubs such as Wycombe Wanderers FC, Tennis, Yoga and healthy eating cookery club.

Learning resources

There is a variety of games equipment which is best suited for the age and stage of development of children

Children should be encouraged to select, collect and replace all equipment safely under the supervision of the staff.

Safe Practice

Safety should be paramount when planning PE activities. All teachers must refer to the following guidelines:

Safe Practice in PE 2012

Available from the Headteacher's office.

Safety aspects should be discussed with the children prior to activities. Children should be taught how to improve their own abilities to assess risks.

First aid equipment must be available and all staff should know what action to take, including calling for assistance in the event of an accident. Inhalers for children suffering from asthma must be readily accessible.

Regular checks should be made on all equipment. Any items constituting a danger should be taken out of use immediately and the Headteacher must be informed of any faults.

All large items of equipment are inspected annually by an independent safety expert under a contract set up by BCC.

Children should be made aware of safe practice when undertaking any activity (e.g. not jumping or running in front of others, not lifting Unihoc sticks above shoulder height etc.).

Children should understand the safety risks involved in wearing inappropriate clothing, footwear or jewellery.

Excellent class control, appropriate routines and the use of recognised procedures to teach skills are fundamental to safety.

Leadership and management

Staff development and training opportunities

Teachers meet annually to assess training needs.

Leadership and management roles

Teachers plan for the medium term and short term. The Headteacher will manage the subject, the provision of equipment and its accessibility and is responsible for the overall implementation of the PE policy. A named governor is designated to take a specific interest in the subject, focussing with the Headteacher on evaluation and development plans. The school is developing links with Dair House School for competitive sports.

How the subject is monitored and evaluated

The Headteacher monitors standards according to the school monitoring and evaluation timetable.

Related Policies and Documents

Able, Gifted and Talented Policy
Assessment Policy
BCC Guidelines to Health and Safety
Curriculum Policy
Inclusion Policy
Marking and Feedback Policy
Risk Assessments
Safe Practice in Physical Education 2012
School Development Plan
SEND Policy
Teaching and Learning Policy

