



FULMER INFANT SCHOOL

SUN-SAFETY POLICY

Introduction

Fulmer Infant School will **always** put the health, safety and wellbeing of our children first.

Exposure to the sun is important because it is a source of vitamin D and playing out in it is fun. But too much exposure to the sun can be harmful and has been proven to cause cancer.

This policy tries to balance our children enjoying being in the sunshine with keeping them safe from its harmful effects.

We will keep our children safe by:

- ☀ Encouraging them to wear clothes especially head wear that provide sun protection
- ☀ Encouraging parents to provide and apply sunscreens with appropriate levels of factor protection
- ☀ Identifying and providing shaded areas where possible and encouraging their use
- ☀ Scheduling outdoor activities in shaded areas where possible
- ☀ Requiring parents to provide sunscreens that have an appropriate level of factor protection when their children will be outside in the sun for long periods (e.g. sports' days, school trips, country dancing). Please note that Reception children spend at least 50% of their time outside

We will educate our children by:

- ☀ Finding opportunities in our curriculum to explain the sun's benefits and its harmful effects
- ☀ Explaining how to stay protected from the harmful effects of the sun whilst still enjoying its benefits
- ☀ Using newsletters, posters and assemblies to regularly remind everyone about sun-safety
- ☀ Encouraging adults to act as positive role models by practising sun-safety
- ☀ Ensuring that we provide adequate protection when children are participating in any outdoor activities