

FULMER INFANT SCHOOL

PE POLICY



INTENT

At Fulmer Infant School, we recognise the value of Physical Education (PE) and believe the purpose is to develop children's enjoyment and passion for physical exercise and provide them with the foundations needed to become healthy, active and social young people. Exercise has a positive influence on academic achievement, emotional stability and interaction with others. Therefore, both teachers and children at Fulmer Infants are aware of its importance. The PE curriculum is delivered through sequenced achievable learning for Foundation Stage and KS1 which covers every area of the Primary Physical Education National Curriculum. Sequences of learning flow in a logical order, presenting flexibility for teachers delivering lessons. This is essential so that learners can be moved on when they are ready. We teach children how to successfully work with others as part of an effective team and to understand fairness and equality of play. These life-long values are ones that can transfer across the whole curriculum. Our intention is to improve the wellbeing and fitness of all children at Fulmer, not only through the sporting skills taught, but through developing a range of cognitive and social skills and embedding the underpinning values and disciplines PE promotes.

The aims of our PE curriculum are:

- Follow a broad and balanced PE curriculum fulfilling the demands of the National Curriculum, delivering cultural capital to appreciate creativity and achievement.
- Ensure every child in KS1 has the opportunity to engage in competitive (both against self and against others) and cooperative physical activities, in a range of increasingly challenging situations.
- To develop the fitness of the individual, by ensuring a good pace in PE lessons and incorporating fitness activities into everyday learning as appropriate.
- To meet the needs of all the children, providing equal opportunities – inclusion of SEN and physical disabilities.
- Involve the outside community where possible - e.g. Sports Day - parents, clubs, and working alongside other local schools.
- Provide enjoyable experiences, where positive attitudes of sensitivity, co-operation, competition and tolerance may develop.

IMPLEMENTATION

At Fulmer Infants, our PE curriculum is varied and a whole school curriculum map ensures that we meet the requirements of the National Curriculum, using supporting planning from the Complete PE scheme. Planning focusses on whole-child development and the interconnection of physical, social and emotional and cognitive wellbeing and development. In EYFS there is one focussed hour of PE a week following the National Curriculum and the children have free access to the outdoors with vehicles and the climbing frame. All KS1 pupils receive two hours of high-quality PE using our limited outside space or school hall. Children have 2 weekly PE lessons with our sports coaches. During these sessions, children receive expert teaching to develop fundamental skills through a variety of

activities and games suitable to their year group. The children come to school in their PE kits which allows more time for progression in lessons.

Our PE curriculum is sequenced precisely to ensure progression of knowledge and skills throughout the Foundation Stage and KS1, thus enabling children to build upon prior experiences and apply these fluently, with confidence. Children also have the opportunity to further these skills at our after school sports clubs. At Fulmer, we endeavour to provide a broad range of activities based on children's interests and new initiatives. We provide a curriculum that allows for equal opportunities, supporting those that have additional requirements. This is achieved through high quality questioning, adapting the equipment and giving the children different possibilities to set their own challenges within lessons.

At Fulmer Infants, pupil voice questionnaires, encouraging healthy eating, extra curriculum clubs and lessons linked to well-being and the celebration of sports achievements all add to ensuring the children gain cultural capital.

Inter sports festivals are offered to all children in KS1. Although we recognise the benefits of the competitive nature of sport, we also appreciate and encourage the importance of children 'having a go' and promote positive experiences of being physically active and not always participating to win.

We have an inclusive approach and value the importance of physical and mental well-being. We promote imagination and creativity in gymnastics and dance as well as providing opportunities for developing fundamental skills using both indoor and outdoor environments plus outdoor and adventurous activities.

Playtimes are an important part of our pupils being happy, healthy and ready to learn. We have a well-equipped playground, climbing frame and a fitness trail to provide opportunities for children to develop and improve fundamental skills whilst being active during break and lunchtimes. During morning breaktimes, we offer 'Craze of the Week' whereby a different piece of equipment is available on a rolling 6 week cycle for all children to use along with suggested activities.

IMPACT

From our lessons, our children learn to take responsibility for their own health and fitness, many of whom also enjoy the success of competitive sports outside of school. We equip our children with the necessary skills and a love for physical activity. They will hopefully grow up to live happy and healthy lives utilising the skills and knowledge acquired through PE.

We measure the impact of our PE curriculum through the following methods:

- Monitored by the subject leader throughout the year in many forms including pupil conferencing to discuss their learning and understanding, lesson observations, working with and reporting to governors.
- Teachers assessing the learning of each term against the planned skills and outcomes specific to PE units.