

People Living in Tropical Rainforests

There are many [indigenous](#) groups of people who have live in the tropical rainforests. Many of these groups, like the Yanomami tribe of the Amazon rainforests of Brazil, have lived in scattered villages in the rainforests for hundreds or thousands of years.

These tribes get their food, clothing, and housing mainly from materials they obtain in the forests.

They garden, hunt, fish and gather wild foods. They use over 600 types of plants for food, medicine, dyes, soaps and insect repellent.

Forest people are mostly hunter-gatherers. This means they get their food by hunting for meat (and fishing for fish) and gathering edible plants, like starchy roots and fruit. Many also have small gardens in cleared areas of the forest. Since the soil in the rainforest is so poor, the garden areas must be moved after just a few years, and another part of the forest is cleared.

INDIGENOUS PEOPLE

Indigenous people are native to that locality. A group indigenous to the Amazon rainforest is the Yanomani.

Children in the rainforest

Tribal children go to school often in the central hut for two hours a day to learn how to speak their own and other languages.

They have to find their own lunch every day from the rainforest. After school they go swimming or climb before having to go and help with the chores such as collecting wood and water. They might have a pet toucan or a monkey.

The central hut is called a yano. This is where families play and they get together for parties. Yanos are made of straw and have a big space in the middle that is open to the sky.



A day in the life of a tribal child

I get up as soon as the sun comes up. For breakfast I have potato bread dipped in pepper sauce and an avocado.

I go to the river to wash. I go to school in the central hut for two hours a day to learn how to speak my own and other languages so that I can speak to people outside the forest. Then I swim for a little bit, or climb trees, before I have to go help mum with the chores, collecting wood and water. It's very hard work.

I find my own food for lunch. Mum and dad have told me which plants and animals are good food and which can make me ill. Nuts and caterpillars are my favourite!

Sometimes I go hunting to help catch monkeys and wild pigs with bows and arrows. Sometimes we fish in the river with spears. It's very difficult!

In the evening we eat what we have caught during the day. Sometimes we have a huge feast. Sometimes, when we don't catch much food, we get hungry.

Sometimes we have a story about the forest, maybe even some singing and dancing. Sometimes we paint our faces using dyes we have made from plant juice, and put parrot feathers in our hair.



A day in the life



Breakfast

Morning

Lunch

Afternoon

Dinner

Evening



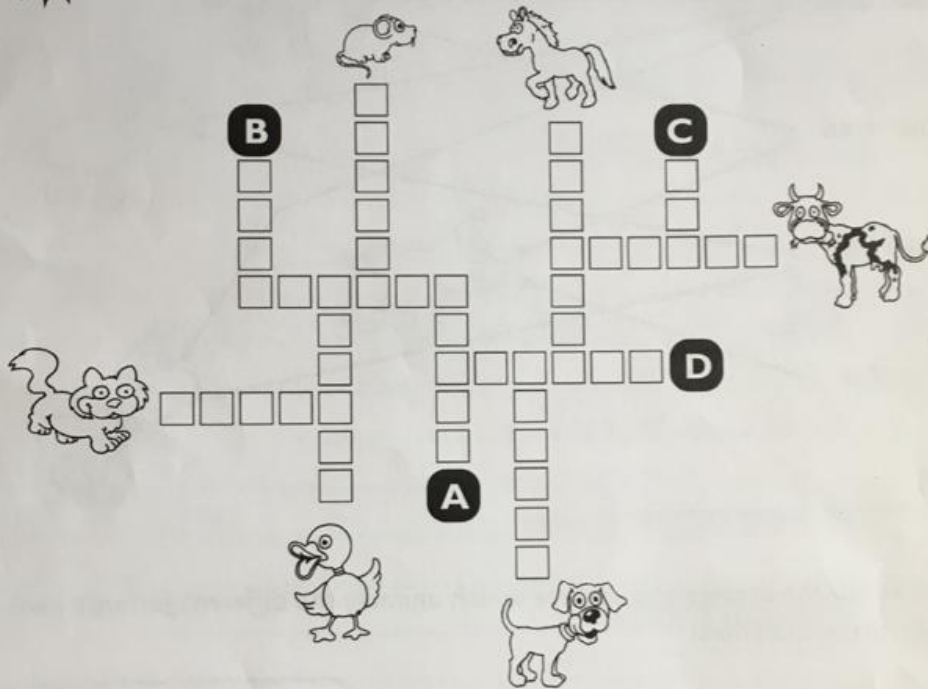


Routes!

Follow the directions and see who you meet in the farmyard.



It might be easier to turn the page around before you start to make sure you are facing the right direction.



Start at **A**
 Go forward 3
 Turn right
 Go forward 3
 Turn left
 Go forward 3
 Turn right
 Go forward 5
 Who have you met? _____

Start at **B**
 Go forward 4
 Turn left
 Go forward 2
 Turn right
 Go forward 3
 Turn right
 Go forward 4
 Who have you met? _____

Start at **C**
 Go forward 3
 Turn right
 Go forward 3
 Turn left
 Go forward 3
 Turn right
 Go forward 1
 Turn left
 Go forward 5
 Who have you met? _____

Start at **D**
 Go forward 6
 Turn right
 Go forward 2
 Turn left
 Go forward 2
 Turn right
 Go forward 5
 Who have you met? _____